

**HAF Easter 2024- Cold Lunch Menu**

<b>Week 1</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Meat Option</b>	Bank Holiday	Tuna mayo and cucumber sandwich in a wholemeal sandwich	Pasta with tomato sauce, halal meatballs and cheese	Hummus, spinach, and red peppers in a bagel	Egg mayo and green leaves sandwich in a wholemeal sandwich
<b>Vegetarian Option</b>	Bank Holiday	Cheese and tomato sandwich in a wholemeal sandwich	Egg mayo and green leaves sandwich in a wholemeal sandwich	Avocado, cucumber, and spinach in a bagel	Falafel and hummus salad (mixed leaves + tomato + cucumber + sweetcorn)
<b>Side of seasonal vegetables</b>	Bank Holiday	Three veggies – sticks	Three veggies - sticks	Three veggies - sticks	Three veggies - sticks
<b>Dessert</b>	Bank Holiday	Healthy biscuit	Healthy biscuit	Yoghurt	Healthy biscuit
<b>Side of seasonable fruits</b>	Bank Holiday	Raisin	One whole fruit	Raisin	One whole fruit

<b>Week 2</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday (Meat free)</b>	<b>Friday</b>
<b>Meat Option</b>	Tuna sweetcorn with spinach in a bagel	Egg mayo and spinach sandwich in a wholemeal sandwich	Pasta salad with halal chicken, red pepper, sweetcorn, and mayo	Avocado, red pepper, and spinach in a sandwich	Halal chicken mayo and sweetcorn in a bagel
<b>Vegetarian Option</b>	Hummus, spinach, and red peppers in a bagel	Avocado, cucumber, and spinach sandwich	Cheese, tomato in a sandwich	Falafel and hummus salad (mixed leaves + tomato + cucumber + sweetcorn)	Hummus with red pepper and spinach in a wholemeal sandwich
<b>Side of seasonal vegetables</b>	Three veggies – sticks	Three veggies - sticks	Three veggies - sticks	Three veggies - sticks	Three veggies - sticks
<b>Dessert</b>	yogurt	biscuit	yogurt	biscuit	biscuit
<b>Side of seasonable fruits</b>	fruit	raisin	fruit	raisin	fruit

Please note that menu/ingredients can change accordingly to food supply availability